Transgender people face many barriers to healthcare, from a shortage of primary care providers who can provide competent, respectful care to a lack of health coverage due to high rates of unemployment and poverty. Project HEALTH, a partnership of Transgender Law Center and Lyon-Martin Health Services improves access to transgender health care by: educating healthcare workers and students, advocating for systemic change through policy and legislation, and training local activists to become leaders in their communities.

Educating Health Professionals
From students to practitioners with decades of experience, Project HEALTH teaches healthcare workers how to engage transgender patients with the highest quality of service and the most up-to-date medical knowledge. Since 2009, we’ve trained 72 students from across the country in our clinical rotation and more than 100 practicing professionals from 20 community clinics through our technical assistance program.

Advocating in Health Systems
Because of structural obstacles in health insurance regulation, transgender people couldn’t take advantage of the full benefits accorded them by law. Due to our persistence in advocacy with decision makers, there are now explicit regulations governing HMO, PPO, and public coverage plans throughout the entire State of California that ensure access to medically necessary health care.

Leading at the Local Level
We know the power of community-based activism—for elected officials and health administrators, the strongest voices are from those who live, work, and heal in their communities. That’s why we’ve worked in-depth with 3 counties to form local HEALTH Councils with transgender people and their allies; working together, we’ve built lasting change.

Adapting to New Challenges:
The demand for our in-depth trainings far exceeds our capacity provide. But instead of simply saying no, we found a way to expand our reach. Our TransLine and TeleHealth programs connect providers in need of knowledge with expert clinicians from around the country. In just the first 6 months, we’ve responded to more than 80 online requests, with 100% satisfaction.

For more information, contact Anand Kalra, Project HEALTH Program Manager: anand@transgenderlawcenter.org, or visit our website at http://www.project-health.org.